



## STEP BY STEP

# Kindness Chain



### HOW IT WORKS

- Start a kindness chain by giving students a link (a strip of paper) on which they write a small act of kindness they've received or given.
- Students & staff will write on the paper - one side - can be every day!!!
- The chain grows all month long, with the goal to stretch it around the school!
- This demonstrates how individual acts of kindness can connect and create something bigger.

### BUDGET CONSIDERATION

- Strips of paper
- Pens
- Supplies to decorate the box
- Tape

### TASKS

#### **1 - PUT UP POSTERS!**

G-Force puts up the posters to encourage participation.  
[Download Poster](#)

#### **2 - CREATE A DEPOSIT BOX**

G-Force can create a box to put the chain papers into.

#### **3 - MAKE THE CHAIN!**

G-force then can make the chain with notes on the outside of the chain piece. Walk the chain thru the school, then post down hallways and over doorways

#### **4 - MAKE ANNOUNCEMENTS!**

G-Force will make announcements over the PA to gain excitement.  
[Download Announcements](#)

#### **5 - PROMOTE ON SOCIAL MEDIA**

Person who handles social media can post the provided graphics and suggested text posts to promote to the community. (Optional)  
[Download Social Media Text](#)  
[Download Social Media Graphic](#)

#### **6 - SHARE IT!**

**Use Hashtag #CultureQuestFebruary**  
Post pix from the activity you did at your school to the [Utrust Coordinators Facebook Group](#)

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