

SOCIAL MEDIA POSTS

BIRTH DATE BOX

The BIRTHDATE CHALLENGE

Use the pre-made graphic (download [here](#)) and the below text to copy and paste into your social media posts. Feel free to create your own social content around this Quest!

SOCIAL MEDIA POST TEXT:

🎉 This month at our school, we are asking students and staff to pledge participation in **The Birthdate Challenge** each month to show appreciation to other students and staff on their birth date!

And everyone in our community is invited to join! Parents and local businesses are encouraged to show appreciation to others on their birthdate each month throughout the year. 🙌 #BirthdateChallenge #SpreadKindness #UtrustCulture

